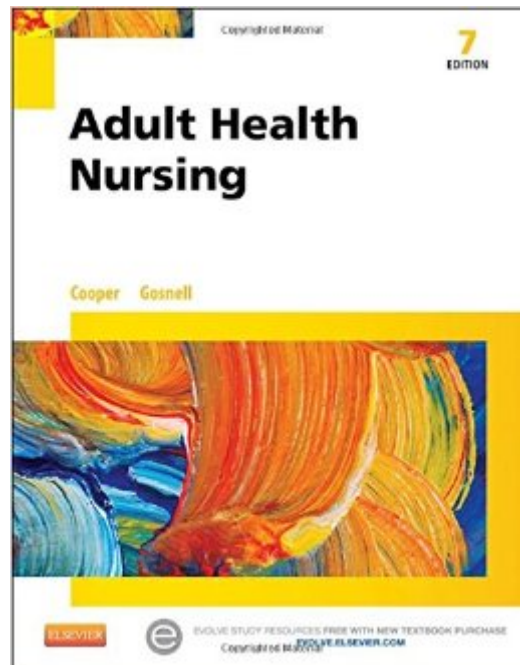


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# Adult Health Nursing, 7e



## Synopsis

Covering basic anatomy & physiology and medical-surgical nursing for the LPN/LVN, *Adult Health Nursing, 7th Edition* provides just the right amount of information you need • with a level of detail that is neither overwhelming nor too superficial. Guidelines for patient care are presented within the framework of the five-step nursing process; Nursing Care Plans are described within a case-study format to help you develop skills in clinical decision-making. Written by Kim Cooper and Kelly Gosnell, this text includes review questions to help you prepare for the NCLEX-PN® examination! Companion CD includes animations and audio clips depicting physiologic processes, physical assessment video clips, an English/Spanish glossary with definitions and audio pronunciations, an anatomy coloring book, and a fluid and electrolytes tutorial. Chapters begin with an overview of anatomy and physiology, providing a clear, basic understanding of A&P that LPN/LVNs need to know. The consistent, logical framework of the nursing process connects specific disorders to patient care. Safety Alert boxes help you implement The Joint Commission's safety guidelines in all settings, with considerations for special populations. Nursing Diagnosis boxes, screened and highlighted in the text, include nursing diagnoses for specific disorders paired with the appropriate nursing interventions. Skills in a step-by-step format with full-color illustrations present clearly defined nursing actions with rationales for the skills and techniques you'll use in practice. Medication tables are meticulously detailed and provide quick access to action, dosage, precautions, and nursing considerations for commonly used drugs. Nursing Care Plans, presented in a case-study format, emphasize patient goals and outcomes and end with Critical Thinking Questions to develop your clinical decision-making skills. An emphasis on communication features real-life examples of nurse-patient dialogue and illustrates practical guidelines for effective communication. Patient Teaching boxes and Family Teaching boxes include post-hospital discharge guidelines and disease prevention instructions with a strong focus on three-way communication among the nurse, patient, and family members. Life Span Considerations for Older Adults boxes provide age-specific information for the care of the aging population, which is often the primary focus of the LPN/LVN nurse. Home Care Considerations boxes discuss the issues facing patients and caregivers in the home health care setting. Health Promotion boxes provide key information on staying healthy and preventing disease, with tips on wellness from Healthy People 2010. Cultural Considerations boxes discuss how to address the health needs of a culturally diverse patient population when planning care. Complementary and Alternative Therapy boxes includes disorder-specific therapies, precautions, and possible side effects of non-traditional treatments. UPDATED illustrations include photographs of common nursing skills. NEW! Icons in

page margins indicate videos, audios, and animations on the Evolve companion website that may be accessed for enhanced learning. UPDATED writing style provides an easy-to-read, professional tone.

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